

*Please Remember in Your Prayers*

**"PLEASE PRAY FOR THE GROWTH OF OUR PARISH"**

**Deceased:** James Fitzgerald (Garrett); Patricia (aunt of Melissa McCutcheon); Allan Lewicki (grandfather of Chris McLaughlin)

**Newly Illumined:** Christopher McGlaughlin

**Unborn:** Zoran & Jennifer Ristic & unborn (Hall); Jason & Elizabeth & unborn (Zimmerman); Sarah & Kevin Zimmerman & unborn (Zimmerman); Michael & Kennetta Freholm & unborn (Ries); Alex & Vanessa Cormas & unborn (Sarris); Doug & Merideth Calhoun & unborn twins (Ries); Danny & Nikki Courey & unborn (Courey)

**Ill-afflicted: (40 days)** Anna Larkin (cancer/Larkin); John & Eleanor Gnatowski (Timko); Ray Budoi (foot surgery/Garlesky); Mark McBride (cancer/Garrett); Kristen Cassell (Cassell); Alex Alexeff (foot problem/Sarris); Judy Alexeff (heart problem/Sarris); Mark Brello (back problem/Sarris); Wilson Loyd (heart attack/Hall); Margaret Loyd (liver problems/Hall); David Garrett (Garrett); Joyce Ries (shingles; Ries); John Skinner (cough & respiratory problems; Skinner); Effie, Ann & Mary Pat (Sarris)

**Requesting prayers: (40 days)** Lisa, Jessica, Caroline & William (Minich); Eve, Dave & Christopher Whitehorn (Sarris); Tina Alivere (Hall); Debra, Timothy & Justin McKitrick (Skinner); Thomas, Magdalena, Elena & John Thomas Skinner (Skinner)

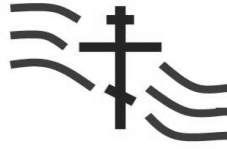
**Those serving in the armed forces:** William Sherrod (Iraq/ Afghanistan, Lytle); Patrick O'Connelly (Iraq/Afghanistan, Lytle); Keaton Hall (Hall); Debbie McKitrick (Skinner); Joel Nix (Afghanistan, Lombardo); Vincent A. Berkeley; Zachary Morris; Priest Eugene Wozniak (Congdon); Shaun McKinley; Jordan Potter (M. Blockson); Trevor Eckart (Hall); David Garrett (Garrett); Brian Ginett (Rifle); Jeff Mansager (Garlesky); Dan Mansager (Garlesky)

**Our Laborers Abroad:** Charles, Maria, Anthony, Joanna, Adrian, Melania Linderman

**In Nursing Homes:** Dorothy Simko; Katherine Hollinger (Myerly); Mary Csucsai (Skinner); Robert Phillips (Hall); William Congdon (Congdon); Joyce Myerly (Myerly)

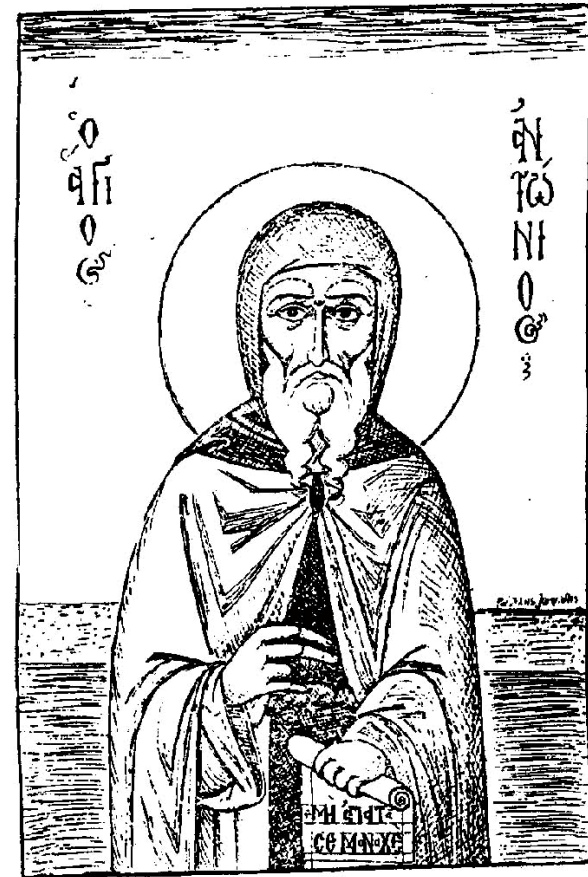
**Birthdays:** Dorothy Simko (1/18); Maca Tyler (1/18); Jim Spoerl (1/20)

( ) denotes reason and/or requestor

 **St. Innocent**  
*"Orthodoxy in the Falls"*

**JANUARY 15, 2012**

**Commemorated on January 17:  
Venerable Godbearing Anthony the Great**



**Church**

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## Welcome Visitors

*Our parish welcomes you and thanks you for joining us in worship and praise this morning!*

### KUDOS & THANKS

**TO EVERYONE WHO DONATED AT THE BLOOD DRIVE** last Sunday. The Red Cross received 23 units of blood for parishioners and people who stopped by because they saw what we were doing.

**SPECIAL THANKS TO FRED CASSELL** for organizing such a worthwhile event. The next blood drive we sponsor will be in August.

**TO EVERYONE** for your continued **SUPPORT**. You gave \$2433 last week.

Some of the attendees at last Advent's Advent Meditation liked the service so much they want to continue it. At the moment, it will continue as **A JESUS PRAYER GROUP**. Melissa McCutcheon has offered to host it in her home on **Tuesday mornings at 9 am**.

If you're interested in participating, please contact her: [freewoman@mac.com](mailto:freewoman@mac.com). If there is interest in having the service at another time (say, in the evening), please let me know, and based on interest and available meeting places, we'll decide on something.

We need someone to make the **SMALL PROSPHORA** loaves that we give with our list of names before Liturgy. If someone is willing to provide them (perhaps from among the women who already bake prospora), it would be a help.

**WINE-TASTING EVENT** Friday evening, 3 February, 6:30 pm at the Cassell's home in Elyria. Suzan Virosteck will serve as sommelier. Those interested in attending should talk with Teri Cassell or Angie Skinner. More details to follow.

Service Ministry	Bell Ringers	Altar Servers	Coffee Hour	Greeters	Readers	Assist Treas.	Weekly Vacuum
January 15	Jenny S & Allison S	All Available	Spoerl & Dippong	Minich's	Valerie Spoerl	Schigel & Minich	Russell
January 22	Imani C & Molly R	All Available	Pauline Russell	Skinner	Greg Blocksom	Minich & Spoerl	Larkin

## Two-Week Calendar — Fast Days Shaded

THIS Sunday 15 8:45a Church School 9:30a Liturgy 5p Free Comm Meal	Mon 16 9a-3p Deanery Youth Day	Tue 17 9a Jesus Prayer Group	Wed 18 9a Liturgy	Thu 19	Fri 20	Sat 21 6p Vespers
NEXT Sunday 22 8:45a Church School 9:30a Liturgy 5p Free Comm Meal	Mon 23	Tue 24 9a Jesus Prayer Group	Wed 25 9a Liturgy	Thu 26	Fri 27	Sat 28 6p Vespers

### CHARITY COLLECTION FOR JANUARY IS ZOE FOR LIFE.

ZOE is a non-profit Christ-centered support organization with three major goals: to help women in crisis pregnancy, to assist Orthodox Christian couples seeking to adopt, and to create an Orthodox Christian abstinence program to educate young people.

Many women in crisis pregnancies wrestle with abortion, some with adoption and some with suicide. To encourage women to carry their infants to term, ZOE offers emotional and spiritual support, confidential access to professional agencies, and connection to potential adoptive Orthodox Christian families.

ZOE maximizes a birthmother's options by providing: emotional support, referrals for professional counseling, Orthodox adoption options, housing, clothing, medical assistance, prenatal care, and spiritual support.

### AKATHIST SERVICE TO OUR LORD JESUS CHRIST WITH PRAYERS FOR THE VICTIMS OF ABORTION

A pan-Orthodox gathering in collaboration with ZOE for Life at St Matthew Church, 10383 Albion Rd, North Royalton. Sunday, 22 January, at 6 pm. There will be a speaker and coffee time in the hall immediately following the service.

**NEXT SUNDAY**, at the end of coffee hour, we will be showing a 30-minute video, "Reducing the Risk: Making Your Church Safe from Child Sexual Abuse." Presenting this video is one of the things we must do from time to time in order to comply with our parish's Sexual Misconduct Risk policy. *Everyone who works with children in the parish* – church school teachers, choir directors, and adult altar servers – as well as Parish Council members—is required to see the video. If others want to see the video, that's fine, but those who work with children need to.

some die when they are young, while others drag on to extreme old age? Why are there those who are poor and those who are rich? Why do wicked men prosper and why are the just in need? He heard a voice answering him, "Anthony, keep your attention on yourself; these things are according to the judgment of God, and it is not to your advantage to know anything about them."

3. Someone asked Abba Anthony, "What must one do in order to please God?" The old man replied, "Pay attention to what I tell you: whoever you may be, always have God before your eyes, whatever you do, do it according to the testimony of the holy Scriptures; in whatever place you live, do not easily leave it. Keep these three precepts and you will be saved."

4. Abba Anthony said to Abba Poemen, "This is the great work of man: always to take the blame for his own sins before God and to expect temptation to his last breath."

5. He also said, "Whoever has not experienced temptation cannot enter into the Kingdom of Heaven." He even added, "Without temptations no-one can be saved."

7. Abba Anthony said, "I saw the snares that the enemy spreads out over the world and I said groaning, "What can get through from such snares?" Then I heard a voice saying to me, 'Humility.'"

9. He said also, "Our life and our death is with our neighbor. If we gain our brother, we have gained God, but if we scandalize our brother, we have sinned against Christ."

16. A brother said to Abba Anthony, "Pray for me." The old man said to him, "I will have no mercy upon you, nor will God have any, if you yourself do not make an effort and if you do not pray to God."

24. It was revealed to Abba Anthony in his desert that there was one who was his equal in the city. He was a doctor by profession and whatever he had beyond his needs he gave to the poor, and every day he sang the Sanctus with the angels.

25. Abba Anthony said, "A time is coming when men will go mad, and when they see someone who is not mad, they will attack him saying, 'You are mad, you are not like us.'"

32. Abba Anthony said, "I no longer fear God, but I love Him. For love casts out fear." (John 4.18)

35. Abba Anthony said, "Whoever hammers a lump of iron, first decides what he is going to make of it, a scythe, a sword, or an axe. Even so we ought to make up our minds what kind of virtue we want to forge or we labor in vain."

## VENERABLE & GOD-BEARING FATHER ANTHONY THE GREAT COMMEMORATED 17 JANUARY

In his 2007 Commencement Address at St Vladimir's Orthodox Seminary, Fr Thomas Hopko had this to say: "I urge you, and, if I could, I would command you, to read St. Anthony's thirty-eight sayings in the Sayings of the Desert Fathers. Everything we need to know in order to live is there for us in its simplest and clearest form." Here are a few of these sayings, as translated by the late Sr Benedicta Ward SLG in her collection *The Sayings of the Desert Fathers*:

1. When the holy Abba Anthony lived in the desert he was beset by accidie [despondency, lack of care about his salvation], and attacked by many sinful thoughts. He said to God, "Lord, I want to be saved but these thoughts do not leave me alone; what shall I do in my affliction? How can I be saved?" A short while afterwards, when he got up to go out, Anthony saw a man like himself sitting at his work, getting up from his work to pray, then sitting down again and plaiting a rope, then getting up again to pray. It was an angel of the Lord sent to correct and reassure him. He heard the angel saying to him, "Do this and you will be saved." At these words, Anthony was filled with joy and courage. He did this, and he was saved.

2. When the same Abba Anthony thought about the depth of the judgments of God, he asked, "Lord, how is it that

